



The Aylesbury Vale Academy

Success Beyond Belief

A Church of England Academy

## **PHYSICAL EDUCATION POLICY**

**SEPTEMBER 2011**

## **NOMINATED MEMBER OF STAFF:**

HEAD OF COLLEGE

## **INTRODUCTION**

The Aylesbury Vale Academy hereafter referred to as the "Academy") is committed to promoting the health and well-being of its students and staff through physical activity. This policy outlines the organisation, teaching and management of physical activity at the Academy.

## **ETHOS AND ENVIRONMENT**

The Academy strives to maximise opportunities for students, staff and all associated with the Academy to be physically active by promoting all avenues for activity. This includes the curriculum, environment and wider community.

## **PHYSICAL ACTIVITY POLICY CO-ORDINATOR**

The Academy's physical activity policy and strategy co-ordinator is Adam Poland.

## **PHYSICAL ACTIVITY AIMS AND OBJECTIVES**

Aim: To ensure that all aspects of physical activity in the Academy are promoted for the health and well-being of students, staff and visitors.

Our specific objectives are as follows:-

- To enable students and staff to understand the importance of physical activity through the provision of information and development of appropriate skills and attitudes
- To provide and promote opportunities for staff and students to be physically active throughout and beyond the Academy day
- To increase physical activity levels of students in line with national targets and local needs

## **EQUAL OPPORTUNITIES**

All physical activity opportunities offered at The Academy are designed to be inclusive, and cater for different ability levels. For more information please refer to the Equal Opportunities and Gifted and Talented policy.

## **RESOURCE PROVISION**

The Academy has a Sports Hall with 4 fixed Basketball nets and 1 full court basketball playing area with retractable baskets. There are Cricket nets (and flooring), 4 Badminton courts, 1 Five-A-Side Football Pitch, 1 Netball Court (with recessed base supports for the nets and 1 Volleyball Court. There is a Gymnasium with a variety of Gymnastic equipment and 2 (full size) Trampolines, 1 ½ size Basketball Court.