



The Aylesbury Vale Academy

Including Berryfields Primary

COLLABORATING *for* EXCELLENCE

14 October 2019

Dear Parent/Carer

EXTENDED SCHOOL ACTIVITY – TAEKWONDO

We have been offered the opportunity to host a 6 week taster course of Taekwondo which will run after half term from Tuesday, 05 November from 1510 to 1600. Taekwondo gives your child the opportunity to build on their confidence, discipline and fitness whilst having fun.

Please see below for an overview from Aylesbury Black Belt Taekwondo Academy on what they can offer:

Taekwondo is a Korean form of martial arts that focuses on self-defence using techniques with both hands and feet and helps to keep the body conditioned and the mind clear.

Throughout this 6 week course, we will be working alongside ZKS Martial Arts who have been teaching in Aylesbury for over 20 years and specialise in grappling. We will be working together to give the best martial arts techniques and styles for the student.

If after the 6 week taster course your child would like to continue Taekwondo our club runs every Thursday in the Primary Phase from 1800 to 1900 for 14's and under and 1900 to 2000 for 14's to adult.

If these taster sessions prove to be popular, there is also potential for a martial arts club to be added into our Extended School's activity timetable at a subsidised rate.

If your child is interested in taking part, please complete the reply slip attached. These should be returned to their Form Tutor by Friday, 18 October. There are limited spaces so please ensure that reply slips are handed in on time. We will inform you before the October half term whether your child has a place.

Yours sincerely

MISS G LAMBOURNE
Extended Schools Manager

A Church of England Academy

Paradise Orchard • Berryfields • Aylesbury • Buckinghamshire • HP18 0WS

† 01296 428 551 e enquiries@theacademy.me w www.theacademy.me

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REPLY SLIP

To: Miss Lambourne/Tutor

TAEKWONDO TASTER SESSIONS

Dates

05, 12, 19 & 26 November

03 & 10 December

I give permission for my son/daughter to participate in the TAEKWONDO taster sessions from 1510 to 1600. My child is aware that if they sign up they will be required to attend all of the sessions listed above and will bring appropriate kit with them each week.

Name of Student	
Tutor Group	

Parent/Carer:

..... (Signature)

..... (Print name)

Date:.....

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