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## Helping our children navigate sexism and misogyny

In recent years, schools across the UK have seen a rise in children repeating sexist language, stereotypes and harmful attitudes, sometimes without fully understanding what they mean. These ideas don't appear out of nowhere. Many children are encountering them online, often through platforms and personalities that can seem harmless at first glance.

## Where are children hearing these messages?

Children of primary school age are increasingly exposed to content through:

- **YouTube** - Videos, 'shorts' and gaming content can sometimes include sexist jokes, stereotypes or influencers promoting harmful views about girls and women.
- **TikTok** - Short, fast-moving clips can expose children to trends or influencers who normalise disrespectful attitudes.
- **Snapchat** - Private sharing and stories can spread unmoderated content between peers.
- **Roblox and Fortnite** - Chat functions and user-generated content can sometimes include inappropriate language or ideas. The games available on Roblox can often encourage harmful attitudes.
- **WhatsApp groups** - Even younger children may be part of group chats where videos, memes or comments are shared without adult oversight.

## How might this show up in school?

In the classroom and playground, these influences can appear as:

- Boys and girls repeating phrases they've heard online without understanding the meaning.
- Comments that suggest girls are 'less than' boys or should behave in certain ways.
- Exclusion or teasing based on gender.
- Increased use of disrespectful or sexualised language to other children and staff.

Often, children are not intending to harm - they are experimenting with language and ideas they've picked up elsewhere. However, it is important we address this early so it does not become normalised.

## What can parents do?

Small, consistent steps can make a big difference.



## How to talk to your child about sexism and misogyny

These conversations don't need to be formal or difficult; the most effective approach is calm, open and ongoing.

### Start with curiosity

- "I heard some children are using certain words online - have you come across anything such as that?"

### Keep it age-appropriate

- Explain that sexism means treating someone unfairly because they are a boy or a girl
- Emphasise kindness, fairness, and respect

### Challenge ideas, not the child

- If they repeat something inappropriate, respond with:
  - "That idea isn't fair - why do you think someone might say that?"

# SPOTLIGHT ON SAFEGUARDING

## Understanding Roblox: What parents need to know

Many children talk about 'playing Roblox' as if it were a single game - but it's important to understand that Roblox is actually a platform where users create and upload their own games.

This means that when children are on Roblox, they are not just playing one controlled experience, they can move between millions of different games, created by people from around the world.

## Why does this matter?

Because Roblox is user-generated, the quality and safety of content can vary widely.

While some games are creative and age-appropriate, others may include:

- **Inappropriate language or themes** not suitable for younger children
- **Unmoderated chat features**, where children can communicate with strangers
- **User-created games with hidden content**, which may not be obvious at first
- **In-game purchases and pressure to spend money** (using Robux)
- **Attempts to move conversations to other platforms** (a common online safety risk).

Even when Roblox removes inappropriate content, new games are constantly being uploaded, which makes it difficult to filter.

## CONVERSATION STARTERS FOR PARENTS

Starting the conversation is often the hardest part - these simple questions can help:



“What do you like most about Roblox?”

“Can you show me your favourite game?”

“Do you ever chat with people while you're playing?”

“Do you know how to report or block someone?”

These questions help children feel safe sharing, rather than feeling they are being checked up on.



### AGREE CLEAR BOUNDARIES

- When and how long they can play
- Whether they are allowed to chat
- Rules around spending money

### PLAY TOGETHER WHEN POSSIBLE

- Ask your child to show you their favourite games
- This gives you a better understanding of what they are experiencing



## ROBLOX

How can parents keep children safe on Roblox?



### KEEP GAMING IN SHARED SPACES

- Encourage children to play where you can occasionally see or hear what's happening

### SET UP PARENTAL CONTROLS

- Roblox offers a range of safety settings:
- Restrict chat features
  - Limit access to age-appropriate games
  - Set a PIN to prevent changes to settings

### CHECK ACCOUNT SETTINGS TOGETHER

- Make sure:
- The correct age is entered
  - Privacy settings are set to "Friends" or more restricted
  - Chat is limited or turned off for younger children