



The Aylesbury Vale Academy

RESPECT | ASPIRATION | RESILIENCE

Phase Newsletter September 2024

Welcome to the Autumn term!

Welcome back to Key Stage 1 at the AVA! We are delighted to start another year, fresh and ready for learning. It has been fantastic seeing all of the children arrive with great big smiles, eager to meet their teachers and see their friends again. Over the next couple of weeks, children will begin to settle into their new classes and routines as well as the different lessons we will be teaching. I would like to take this opportunity to welcome Miss Nangle into the AVA family, as our new Tigers teacher.

We would like to keep you up-to-date with expectations for this term.

Topics

As a Key Stage, we have worked hard to ensure that we provide a rich and stimulating curriculum, taught through our new and exciting topics. Over the next few weeks we will these topics are as follows;

Year 1		Year 2	
Autumn 1	Me and My World	Autumn 1	Around the World
Autumn 2	Let's Celebrate	Autumn 2	Amazing Adventurers
Spring 1	Roar!	Spring 1	The Great Fire of London
Spring 2	New Beginnings	Spring 2	
Summer 1	One Upon a Time...	Summer 1	Wonderful Wildlife and Crazy Creatures
Summer 2		Summer 2	The Land Before Time

Phonics and Reading

Over the course of next week, your child will be receiving a new reading record and two reading books that fit alongside our 'Read Write Inc' phonics scheme. The small black and white book is one which is shared with your child's teacher in Guided Reading, each day. The other is a coloured RWI book. Both books link to the phonics group your child is in, in order to help them make progress in their fluency. Each half term, we complete a phonics assessment which will determine the group your child has progressed to. They will then have their books changed, where needed, to reflect this. Once children have exited the 'Read Write Inc' scheme, they will be assessed and moved onto book banded books. Both books will need to be shared with you at home for your child to build their confidence in their fluency and comprehension.

When your child has received their books, they must read **at least 4 times a week**. This only needs to be 2 or 3 pages an evening, where you then share and discuss what has been read. Each of our RWI

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reading books has several questions at the back of the book that you can ask to support your child's understanding of what they have read.

Please remember to sign reading records every time your child reads at home. Reading records must be sent into school every day.

Alongside this, do continue reading at home for pleasure and to use the Bucks local library service. Your local library offers a selection of picture book packs and graded children's reading books free of charge. All children in Year 1 and Year 2 are eligible to sign up at their local library (if they haven't already) for a free library card.

P.E.

Year 1	Year 2
Tuesday	Monday
Thursday	Thursday

Both Year 1 and Year 2 we will required to attend school in their P.E. kits ready for their lessons. Please keep in mind that the weather is changing, so please dress them appropriately to match.

Packed Lunches

As you know, your children are working very hard when they come to school so it is important that they have a healthy and nutritious lunch to keep them going. If you are providing your child with a packed lunch, please consider the following to ensure they have a healthy and balanced meal.

Children's packed lunches should include items from the 5 main food groups;

- 1) **Bread, Rice, Potatoes, Pasta.** These starchy foods are a healthy source of energy. Packed lunches should include 2 or more portions eg pasta salad, sandwich.
- 2) **Fruit and Vegetables.** These foods provide vitamins, minerals and fibre. Lunches should include at least 1 portion of fruit and 1 portion of vegetables / salad, or more e.g. carrot/cucumber sticks, cherry tomatoes, a piece of fruit.
- 3) **Milk and Dairy foods.** These foods provide calcium for healthy bones and teeth. Include 1 portion at lunch e.g. yoghurt, fromage frais, milk.
- 4) **Meat, Fish, Eggs, Beans.** These foods provide protein for growth. Packed lunches should include 1 portion of these foods e.g. boiled egg as filling in sandwich, mixed bean salad.
- 5) **Drinks** – any drinks provided in lunch boxes should only include either plain water, milk (semi-skimmed), unsweetened fresh fruit juice, diluted fresh fruit juice, fruit or dairy based smoothies.

NO Nuts or Sesame

Please be aware that we are a nut free school. This means NO NUTS, SESAME OR NUT/SESAME PRODUCTS should be brought into school. We have staff and children in the school who will need hospital attention if they come into contact with nuts, sesame or nut/sesame products such as peanut butter, chocolate spread, hummus etc. We really appreciate your help in keeping everybody safe.

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Illness

Please phone to let our attendance team know if your child will not be in school due to illness. The team is also happy to answer your questions and confirm how long your child should be kept at home to prevent infection spreading to other children and staff.

Staying Safe

Please could we remind parents to remain vigilant when coming to drop off or when collecting your child. Please speak with your child about the busy road outside school and for safety reasons we ask parents not to allow children to play unsupervised on the school grounds and in the carpark.

General

As the weather changes, please ensure that your child is wearing the appropriate clothing, such as sensible shoes and waterproof coat. As well as this, all children will need to bring in their own water bottle to ensure they maintain hydrated throughout the day. All items, including clothing must be labelled clearly with your child's name and class to make certain if misplaced, they can be returned to the correct child.

As children are in KS1, they will not need a pencil case as all resources needed are provided by the school. On this note, we encourage the use of our school book bags as they will only be required to bring in their reading books as well as any homework book provided in the future.

We hope that your child enjoys their first half term in Key Stage 1. If you have any questions at all, please reach out to your child's teacher or email the school for support.

Water bottles

We encourage children to bring in a water bottle to have in the classroom. These should be named and should just contain water not juice/ squash.

If you have any questions or concerns, please email the school office and these will be forwarded to the class teacher or myself.

Mrs Paxton
KST1 Phase Leader

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