



# Buckinghamshire Family Learning



## Family Learning Schools courses – January 2023\*

\*Unless stated otherwise

Welcome to Family Learning Schools. All our workshops and five-week courses are **FREE** for parents and carers to help support your understanding of the curriculum and help your child make progress at school. Booking is essential. **To enrol onto the course, use the QR code\* click the link or contact the Enrolment Team on 01296 383582.**

For more information, please contact a member of our Family Learning Schools team:

**Kathryn: 07768 044813   Lou: 07814 305345   Nina: 07710 145234**

### Reception: Support your Child with Phonics and Reading (Online)



Stories

Find out how phonics is taught and learn simple, fun activities and games to reinforce their phonic knowledge and skills.



**Monday 9 January, 9:30am-11.30am**  
**Tuesday 10 January, 9:30am-11:30am**  
**Wednesday 11 January, 9:30am-11.30am**

### Years 1&2: Support your Child with Phonics and Reading (Online)



Stories

Find out how phonics is taught and learn simple, fun activities and games to reinforce their phonic knowledge and skills.



**Monday 9 January, 7pm-9pm**  
**Tuesday 10 January, 12:30pm-2:30pm**  
**Wednesday 11 January, 9:30am-11:30am**  
**Thursday 12 January, 9:30am-11:30am**

### Years 3&4: Support Your Child with Reading and Comprehension (Online)



Reading

Find out what is expected from your child at this age and how they are taught in school. Learn simple, fun activities to help them to progress and reinforce these important skills and understanding.



**Monday 9 January, 9:30am-11:30am**  
**Wednesday 11 January, 12:30pm-2:30pm**  
**Thursday 12 January, 7pm-9pm**

### Years 5&6: Develop your Child's Reading and Comprehension (Online)



Reading

Find out what is expected from your child at this age. Learn fun and easy ways to develop their reading and explore the different question types to ask to improve their comprehension skills.



**Wednesday 11 January, 7pm-9pm**  
**Thursday 12 January, 9:30am-11:30am**

\*To use the QR code: Hold your phone camera over the QR code image so it is clearly visible on the screen. Your phone will read the code and automatically redirect you to BAL Family Learning website.



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### Years 3 to 6: Help your Child Build Confidence and Resilience Workshop (Online)



Wellbeing



Explore ways to build your child's confidence, self-esteem and improve their resilience, both at school and home.

**Tuesday 17 January, 7pm-9pm**

### Years 3 to 6: Help your Child Cope with Stress and Anxiety Workshop (Online)



Wellbeing



Explore strategies to help your child cope with setbacks, stress, and anxiety and how to support them to improve their resilience.

**Tuesday 24 January, 7pm-9pm**

### Years 3 to 6: Help Your Child to Develop Positive Friendships and Manage Peer Pressure Workshop (Online)



Wellbeing



Explore ways to support your child build and maintain positive relationships. Help them deal with bullying and other peer on peer abuse, and online safety and consent.

**Tuesday 31 January, 7pm-9pm**

### Years 3 to 6: Happy, Healthy and Safe Online-tips to help your Child Workshop (Online)



Wellbeing



Explore practical ideas to help your child to stay happy, healthy, and safe online, through child-friendly activities.

**Tuesday 7 February, 7pm-9pm**

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