

Aylesbury Vale Academy Primary School - Week Three

Weekly menu



Monday

Chicken Sausage with Gravy & Potato Wedges

Quorn Sweet Chilli Stir Fry with Rice

Vegetables of the day - Steamed Peas & Sweetcorn

Jacket Potato served with Cheddar Cheese, Baked Beans or Tuna Mayo

Filled Roll - with Cheese, Honey Roasted Ham (non Halal) or Tuna Mayo

Apple Flapjack

Yoghurt, Sugar Free Jelly (v) or Fresh Fruit

Tuesday

Beef Hot Pot

Sweet Potato & Mixed Bean Turnover

Vegetables of the day - Broccoli & Carrots

Jacket Potato served with Cheddar Cheese, Baked Beans or Tuna Mayo

Filled Roll - with Cheese, Honey Roasted Ham (non Halal) or Tuna Mayo

Lemon Tray Bake

Yoghurt, Sugar Free Jelly (v) or Fresh Fruit

Wednesday

Roast Beef with Rustic Potatoes, Yorkshire Pudding & Gravy

Cheese & Onion Puff with Rustic Potato

Vegetable of the Day - Steamed Green Beans & Mexican Style Corn

Jacket Potato served with Cheddar Cheese, Baked Beans or Tuna Mayo

Filled Roll - with Cheese, Honey Roasted Ham (non Halal) or Tuna Mayo

Jelly with Fresh Peaches

Yoghurt, Sugar Free Jelly (v) or Fresh Fruit

Thursday

Chicken Tomato Meatball Pasta

Pasta Arrabiata with Spinach

Vegetable of the Day - Steamed Cabbage & Cauliflower

Jacket Potato served with Cheddar Cheese, Baked Beans or Tuna Mayo

Filled Roll - with Cheese, Honey Roasted Ham (non Halal) or Tuna Mayo

Orange Shortbread

Yoghurt, Sugar Free Jelly (v) or Fresh Fruit

Friday

Fish Fingers with Chips or Wholemeal Pasta

Cheese & Tomato Pizza with Chips & Salad

Vegetable of the Day - Baked Beans & Steamed Green Peas

Jacket Potato served with Cheddar Cheese, Baked Beans or Tuna Mayo

Filled Roll - with Cheese, Honey Roasted Ham (non Halal) or Tuna Mayo

Chocolate Shortbread

Yoghurt, Sugar Free Jelly (v) or Fresh Fruit

Available daily

A Salad Bar Selection will be available daily.
If you have any dietary or allergen requirements please see a member of the catering of school staff to manage accordingly. (Halal Meat unless stated)