

# Aylesbury Vale Academy Primary School Week One

## Weekly menu



### Monday

Spaghetti with Beef Meatballs served with Tomato Sauce

Vegetarian Spaghetti Bolognese with Tomato Sauce

Vegetables of the day -Peas and Sweetcorn

Jacket Potato served with Cheddar Cheese, Baked Beans or Tuna Mayo

Filled Roll - with Cheese, or Tuna Mayonnaise

Pineapple Upside Down Cake with Custard

Yoghurt, Jelly (v) or Fresh Fruit

### Tuesday

Chicken Tikka open Wrap with Rice

Vegetable Fajitas served with Mexican Style Rice

Vegetables of the day - Steamed Broccoli & Carrots

Jacket Potato served with Cheddar Cheese, Baked Beans or Tuna Mayo

Filled Roll - with Cheese or Honey Roasted Ham (non halal)

Chocolate & Orange Sponge

Yoghurt, Jelly (v) or Fresh Fruit

### Wednesday

Roast Chicken with Roast Potatoes, Staffing & Gravy

Cauliflower Cheese

Vegetable of the Day - Savoy Cabbage and Parsnip

Jacket Potato served with Cheddar Cheese, Baked Beans or Tuna Mayo

Filled Roll - with Cheese or Honey Roasted Ham (non halal)

Mixed Fruit Salad

Yoghurt, Jelly (v) or Fresh Fruit

### Thursday

Cheesy Tuna Pasta Bake

Arrabiata Pasta served with Garlic Bread

Vegetable of the Day - Steamed Green Beans & Cauliflower

Jacket Potato served with Cheddar Cheese, Baked Beans or Tuna Mayo

Filled Roll - with Cheese, or Tuna Mayonnaise

Mix Fruit Cheesecake

Yoghurt, Jelly (v) or Fresh Fruit

### Friday

Fish Fingers with Chips or Wholemeal Pasta

Cheese Pizza with Chips or Wholemeal Pasta

Vegetable of the Day - Baked Beans & Green Peas

Jacket Potato served with Cheddar Cheese, Baked Beans or Tuna Mayo

Filled Roll - with Cheese & Honey Roasted Ham (non halal)

Fruit Flapjack

Yoghurt, Jelly (v) or Fresh Fruit

#### Available daily

A Salad Bar & Fresh Bread will be available daily.  
If you have any dietary or allergen requirements please see a member of the catering of school staff to manage accordingly. Halal Meat unless stated otherwise