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AVA LESSON 6 OPTIONS BROCHURE

2022/2023

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WELCOME

Lesson 6 plays an important part in the lives of young people at The Aylesbury Vale Academy and we offer a broad range of activities covering areas such as Creative Arts, STEM, Culture, Sport/Fitness, Strategy, Life Skills and more. These activities aim for our students to develop self-confidence, learn new skills, build team spirit, experience new adventures, become leaders, provide enjoyment and to equip our students with the personal and social skills to be resilient young people throughout their education and beyond.

Within this booklet there is an outline of each activity offered along with details of what equipment is needed, pricing and the staff who will be running the activity. We aim to keep costs at a minimum and where a fee is charged this is voluntary and is generally to cover the cost, particularly where materials /ingredients are required.

To support those students who are completing their Duke of Edinburgh's award, where an activity counts toward a **Volunteering**, **Physical** or **Skills** section of the award this has been added to the activities page.

Students:

- Read about each activity very carefully. Choose what YOU want to do, not what your friends are doing.
- Discuss your choices with your parent/carer.
- Anyone who wishes to represent a school team must select the relevant sport as an option in order to be considered for the team.
- Consider choosing a range of activities from different areas so that you get access to a varied range of activities.
- Read the instructions on the next page carefully so that you know how to complete your form.

Parents / Carers:

- Please discuss the enrichment activities carefully with your son/daughter.
- If your child is accepted onto an activity where a cost is involved this will be added as a payment on ParentPay. These fees are voluntary and where you are able to contribute this will enable us to continue to offer such activities.

Whilst we would like to give everyone their first choice, activities do have a maximum limit so although you will choose your favourite as your first choice please also ensure that you pick activities that you would also enjoy for your second and third choices.

Many thanks

Miss Lambourne
EXTENDED SCHOOLS MANAGER

WHAT ACTIVITIES CAN I CHOOSE FROM?

Below is the range of different activities which are on offer for Lesson 6:

Monday	Tuesday	Wednesday	Thursday
Volunteering in Primary	Volunteering in Primary	Volunteering in Primary	Volunteering in Primary
Beaded Jewellery Making	FightKlub (External Company)	Martial Arts (External Company ZKS)	Rugby (External Coach)
Football	Reflective Crafts	eSports	Singing Club
British Sign Language	Fiction Book Club	Ensemble Club	Keyboard Club
Textiles Club	Embroidery	Winter School Production	Computer Aided Design
Clay Techniques	Environmental Club	Chess Club	Printing Techniques
Creative Writing	Maths Board Games	Painting Techniques	Chess Club
MyMaths Club	Fitness	Rubik's Cube Club	Spanish club
Discovering Maths	Alternative Sports	Girls Football/This Girl Can	Fitness
Netball	Anti-Bullying Ambassadors	Fitness	Football
Basketball	Non Fiction Book Club	Equality and Diversity Club	Zumba
Science Club	CHIPS CLUB	Homework Club	Sport Leaders
Debate Club	French club	Film and History	First News FYI News Club
	Practical Science Club	Cookery	CHIPS CLUB
	AVA Spelling Bee		
	Independent Research Project		

HOW DO I CHOOSE MY LESSON 6 ACTIVITIES?

You will be emailed a link to an MS Form called 'OPTIONS FORM— LESSON 6 AUTUMN 2022' to make your choices. DEADLINE BREAKTIME ON FRIDAY 15 JULY.

From Monday 12 September, you will be staying at AVA until 4pm for two days per week, the remaining two days you will finish at 3pm.

To choose the lesson 6 activities that you would like to participate in:

- For Day 1 choose a 1st/2nd and 3rd option
- For Day 2 also choose a 1st/2nd and 3rd option
- These can be on different days - you do not have to choose a 1st, 2nd and 3rd all on the same day
- If you accidentally tick the wrong option, select the 'Ticked in error' option

It is quite possible that for popular activities that you will not get both of your 1st choices so make sure that you choose activities that you will also enjoy for your 2nd and 3rd choices as you will be doing these for the whole term.

Your options form will look similar to the example below.

EXAMPLE OF WHAT THE OPTIONS FORM WILL LOOK LIKE WHEN COMPLETED

You will need to select a 1st, 2nd and 3rd option for each day (Day 1 and Day 2), once you have done this your form should look something like the example below. If you have accidentally selected the wrong option, select the 'TICKED IN ERROR' circle. Once you have done this make sure you press the 'Submit' button.

Example:

3. FOR EACH DAY - SELECT 1ST, 2ND AND 3RD CHOICES - YOU SHOULD MAKE 6 SELECTIONS IN TOTAL (1 OF 3)

	DAY 1 1ST CHOICE	DAY 1 2ND CHOICE	DAY 1 3RD CHOICE	DAY 2 1ST CHOICE	DAY 2 2ND CHOICE	DAY 2 3RD CHOICE	TICKED IN ERROR
ALTERNATIVE SPORTS	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
ANTI-BULLYING AMBASSADORS	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
AVA SPELLING BEE	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
BASKETBALL	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
BEADED JEWELLERY MAKING	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
BOOK CLUB (FICTION)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
BOOK CLUB (NON-FICTION)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
BRITISH SIGN LANGUAGE	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
CHESS CLUB	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
CHIPS CLUB	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
CLAY TECHNIQUES (ART)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
COOKERY	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
COMPUTER AIDED DESIGN	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
CREATIVE WRITING	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
DEBATE CLUB	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

If you make a mistake after you have submitted, then you can submit another form and we will delete any previous forms and just keep the one you submitted last.

ALTERNATIVE SPORTS

What will you be doing every week?	A range of different activities including dodgeball, kinball, ultimate frisbee and handball.
What kind of person will this suit?	If you enjoy being active and participating in team games.
Why should you do it?	Take the opportunity to try different types of sports, learn new skills and develop your abilities as a games player.
Can I do it all year or should I switch every term?	Switch each term
Will I need any special equipment or kit?	PE kit required
What is the maximum number of students allowed?	30
Will it cost me anything?	No
Who should I speak to if I am unsure?	Anyone in the PE Department
Can this count towards my DofE Award?	Yes, this can count as your PHYSICAL section



ANTI-BULLYING AMBASSADORS

What will you be doing every week?	Our Anti-Bullying Ambassadors meet regularly and discuss ways in which to promote the programme and share ideas about how to offer support to the children who may require it.
What kind of person will this suit?	Someone that is passionate and committed about stopping bullying in our school. Someone that is kind, empathetic, a good listener and supports their peers
Why should you do it?	The Anti-Bullying Ambassadors help educate their peers on bullying, lead on anti-bullying campaigns, promote a culture which celebrates and tolerates difference and help keep their peers safe both online and offline.
Can I do it all year or should I switch every term?	You can complete it all year
Will I need any special equipment or kit?	No
What is the maximum number of students allowed?	20
Will it cost me anything?	FREE
Who should I speak to if I am unsure?	Miss Gibbs
Can this count towards my DofE Award?	Yes, this can count as your VOLUNTEERING section



AVA SPELLING BEE

What will you be doing every week?	Receive a list of words, including both commonly misspelt ones and some challenging and impressive ones, that you will learn to spell. Prizes each week for best speller, most improved speller etc.
What kind of person will this suit?	Anyone with an interest in words who wants to expand their vocabulary and improve their spelling accuracy.
Why should you do it?	Develops your writing skills which are beneficial for all your GCSEs.
Can I do it all year or should I switch every term?	You can do it for a term.
Will I need any special equipment or kit?	No
What is the maximum number of students allowed?	25
Will it cost me anything?	No
Who should I speak to if I am unsure?	Miss O'Loughlin or Mr Cooper
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



BASKETBALL

What will you be doing every week?	You will be involved in a range of basketball drills to sharpen your skills in dribbling, shooting, attacking and defence. You will also play games in small and full size teams.
What kind of person will this suit?	Anyone who wishes to represent the school team must select Basketball as an option in order to be considered for the team. Anyone who is interested in basketball, keeping fit or enjoy competitive team sports.
Why should you do it?	It teaches you team work, communication and improves your speed, strength and agility.
Can I do it all year or should I switch every term?	Yes you can do this all year round.
Will I need any special equipment or kit?	AVA PE kit
What is the maximum number of students allowed?	30
Will it cost me anything?	FREE
Who should I speak to if I am unsure?	Anyone in the PE Department
Can this count towards my DofE Award?	Yes, this can count as your PHYSICAL section



BEADED JEWELLERY MAKING

What will you be doing every week?	We will begin by learning about the different types of cutters, pliers and equipment that is used in making jewellery. You will then design and make your own set of jewellery; you should aim to be able to make your own one of a kind fashion necklace, bracelet and earrings. Once you know the basics you can branch into more challenging designs over the term.
What kind of person will this suit?	Someone who enjoys crafting and likes to be creative. You need to have patience and be willing to learn the basic skills before moving onto more intricate designs.
Why should you do it?	Crafting is relaxing, can help to reduce anxiety and stress and is enjoyable. You will also be able to take home your creations and show to your friends and family (or maybe give them as a gift!).
Can I do it all year or should I switch every term?	Yes! You can do this all year round
Will I need any special equipment or kit?	None needed
What is the maximum number of students allowed?	15
Will it cost me anything?	No! It is completely free.
Who should I speak to if I am unsure?	Miss Lambourne
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



BOOK CLUB (FICTION)

What will you be doing every week?	Reading and discussing a stimulating and engaging text that will challenge the way you think about the world around us.
What kind of person will this suit?	Anyone with an interest in reading, developing their interpretations of texts or who wishes to explore a career as an author.
Why should you do it?	Develops your reading skills which are beneficial for Language Paper 1 and your GCSE Literature course.
Can I do it all year or should I switch every term?	You can do it for a term.
Will I need any special equipment or kit?	None needed
What is the maximum number of students allowed?	25
Will it cost me anything?	FREE
Who should I speak to if I am unsure?	Miss O'Loughlin or Mr Cooper
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



BOOK CLUB (NON-FICTION)

What will you be doing every week?	Reading and discussing a range of engaging texts that will challenge the way you think about the world around us. You will help choose the topics covered!
What kind of person will this suit?	Anyone with an interest in reading, developing their interpretations of texts or who wishes to explore a career as an author.
Why should you do it?	Develops your reading and writing skills which are beneficial for Language Paper 2 and your GCSE Literature course.
Can I do it all year or should I switch every term?	You can do it for a term.
Will I need any special equipment or kit?	No
What is the maximum number of students allowed?	25
Will it cost me anything?	No
Who should I speak to if I am unsure?	Miss O'Loughlin or Mr Cooper
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



BRITISH SIGN LANGUAGE

What will you be doing every week?	<p>Each week you will learn the basics of British Sign Language. Working at the level 1 curriculum, you will learn the BSL alphabet, fingerspelling and basic sentences before broadening into different topic areas.</p> <p>Sessions will be practical and interactive and run by a professional British Sign Language teacher.</p> <p>In addition to learning BSL you will also develop a strong awareness and appreciation of the deaf culture.</p>
What kind of person will this suit?	<p>This would suit anyone wanting to:</p> <ul style="list-style-type: none"> - Learn a new skill - Improve their communication skills - Engage all their senses - Stand out from the crowd - Support equality for deaf people - Connect with a wider community of people
Why should you do it?	By learning BSL you'll be able to communicate with hard of hearing and deaf people, contributing to a society where deaf people are included. Did you know that BSL is the second most used language in the UK after English?!
Can I do it all year or should I switch every term?	Level 1 will run in the Autumn term with an opportunity to proceed onto Level 2 in the Spring. Students will receive an official 'Certificate of Recognition'
Will I need any special equipment or kit?	Just a water bottle
What is the maximum number of students allowed?	20
Will it cost me anything?	FREE
Who should I speak to if I am unsure?	www.signtogetheruk.com or Miss Lambourne who can forward your questions to the teacher
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



CHESS CLUB

What will you be doing every week?	Learn new skills and tactics, play games against people, aim to be the AVA Grandmaster if you like!
What kind of person will this suit?	Anyone. Beginners and Experts all welcome.
Why should you do it?	<p>Learning to play Chess dramatically improves the ability to think rationally</p> <ul style="list-style-type: none"> • Playing Chess helps you to learn and improves communication skills • Learning to play Chess results in higher grades, especially in English and Math studies • Learning to play Chess makes people be more focused by teaching the benefits of careful observation and concentration • Chess helps to learn and develop the thinking ahead abilities - players have to think first and only then act
Can I do it all year or should I switch every term?	This club will be available all year round.
Will I need any special equipment or kit?	No.- but feel free to bring your own sets if you like and we can store them safely.
What is the maximum number of students allowed?	25
Will it cost me anything?	No! It is completely free.
Who should I speak to if I am unsure?	Mr Williamson / Miss Lutchi
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



COMPUTER HARDWARE INFORMATION PROCESSING SYSTEMS (CHIPS)

What will you be doing every week?	Writing different codes. Analysing different films algorithms and graphics that are used within the movie. Playing different problem solving games. Gaining a better understanding of how technology is impacting the world.
What kind of person will this suit?	Only Computer Science/IT students will be considered.
Why should you do it?	Because it will prepare you for the future and gives you a better experience of how to enjoy the present by using the apps and the different technologies safety.
Can I do it all year or should I switch every term?	Yes, it can be done all year round
Will I need any special equipment or kit?	None needed
What is the maximum number of students allowed?	20
Will it cost me anything?	FREE
Who should I speak to if I am unsure?	Mrs David / Mrs Carr
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



CLAY TECHNIQUES (ART)

What will you be doing every week?	Throughout the term, you will explore several different clay techniques, including coil pots, imprinted and relief tiles, creative creatures. While exploring each technique you will develop skills that can be used for your own clay project. For example, themed pots and tile games to begin creating pieces for different purposes depending on your interests.
What kind of person will this suit?	This club will suit you if you are artistic and wish to learn new craft-based techniques and enjoy being creative.
Why should you do it?	You will be introduced to new techniques and can make a product of your choice.
Can I do it all year or should I switch every term?	Yes, you can work on individual projects throughout the year.
Will I need any special equipment or kit?	No, all equipment is provided for you.
What is the maximum number of students allowed?	15
Will it cost me anything?	No, all equipment is provided for you.
Who should I speak to if I am unsure?	Miss Walsh
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



COOKERY

What will you be doing every week?	You will be involved in creating tasty dishes from around the world. Experienced members of staff will be teaching you new skills that will last you a lifetime! You will be developing your cooking, baking and decorating techniques through a range of exciting recipes.
What kind of person will this suit?	Anyone who is interested in understanding and developing their cooking skills.
Why should you do it?	Cooking is a life skill that you will use in your daily life. It teaches you how to cook a healthy meal and how to store and prepare food.
Can I do it all year or should I switch every term?	This club will be available all year round.
Will I need any special equipment or kit?	You will need a container to take your food home in.
What is the maximum number of students allowed?	20
Will it cost me anything?	Voluntary Contribution of £10
Who should I speak to if I am unsure?	Mrs Edmonds / Mrs Olariu
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



COMPUTER AIDED DESIGN

What will you be doing every week?	You will learn how to create and render 3D objects in a virtual environment using design software such as SolidWorks.
What kind of person will this suit?	This would suit students that have an interest in the engineering or design industry and is up for a challenge.
Why should you do it?	This is a way to bring all your design ideas to life. This is the type of skills that look good on your CV one day!
Can I do it all year or should I switch every term?	This club will switch every term.
Will I need any special equipment or kit?	No
What is the maximum number of students allowed?	10 students maximum
Will it cost me anything?	FREE
Who should I speak to if I am unsure?	Miss Horn in B-00-02
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



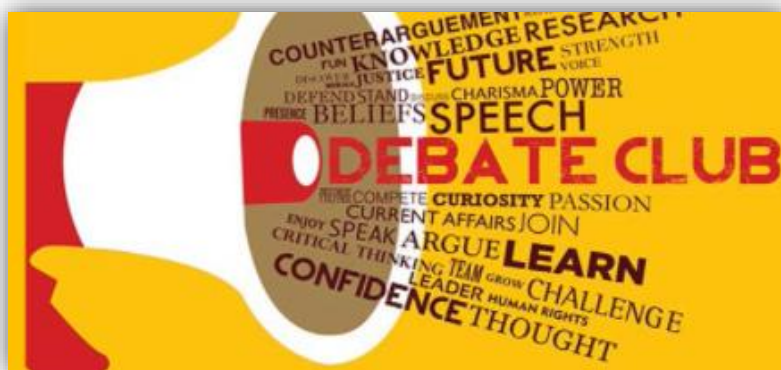
CREATIVE WRITING

What will you be doing every week?	Creative Writing club offers the chance for students of all writing abilities who have an interest in creating fiction, non-fiction, scripts and/or poetry to explore their creative imagination and practise their writing skills.
What kind of person will this suit?	Anyone with an interest in writing, developing their imagination or who wish to explore a career as an author
Why should you do it?	Develops your creative writing skills and allows you to explore your creative talents freely.
Can I do it all year or should I switch every term?	You can do it all year
Will I need any special equipment or kit?	No
What is the maximum number of students allowed?	25
Will it cost me anything?	No
Who should I speak to if I am unsure?	Miss O'Loughlin or Mr Cooper
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



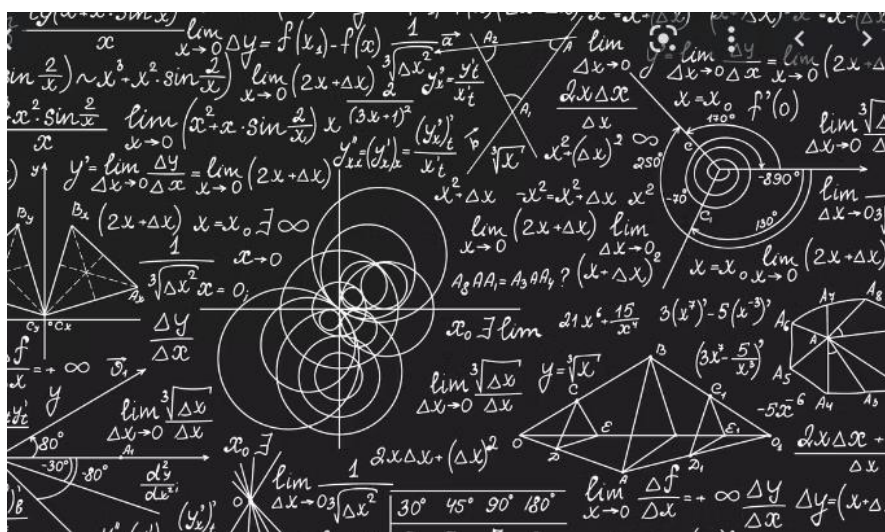
DEBATE CLUB

What will you be doing every week?	Developing your ability to deliver a compelling case for a point of view, debating against others arguing a different point of view. Learning how to build your confidence to inspire and convince others and discovering techniques to build your persuasiveness. As your skills develop, we would look at taking part in local and national competitions.
What kind of person will this suit?	This is more likely to be of interest to those who take an interest in the world around them, and want to be able to have their voice heard. This is for you if you feel strongly about certain issues. These can be as broad as from climate change and the environment to simply who is the best footballer in the world.
Why should you do it?	This activity is aimed to help everyone, from those who regard themselves as naturally confident and outgoing, to those who are currently nervous speaking in front of others. That's all ok! Above all else we will be aiming to have fun, in a supportive environment.
Can I do it all year or should I switch every term?	This club will be available all year round.
Will I need any special equipment or kit?	None needed
What is the maximum number of students allowed?	25
Will it cost me anything?	FREE
Who should I speak to if I am unsure?	Mr Hickey
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



DISCOVERING MATHS

What will you be doing every week?	Answering the age-old maths question 'when will I ever use this in real life?!' This club is all about the real-life applications of mathematics and why maths is such an important subject in school and the wider world.
What kind of person will this suit?	People with a passion for mathematics and problem solving.
Why should you do it?	It will help build your problem solving and reasoning skills which are incredibly valuable in today's world.
Can I do it all year or should I switch every term?	Either.
Will I need any special equipment or kit?	No
What is the maximum number of students allowed?	30
Will it cost me anything?	No
Who should I speak to if I am unsure?	Miss Lutchi
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



EMBROIDERY CLUB

What will you be doing every week?	You will learn a range of embroidery techniques to a high level to be able to make your own embroidered panel.
What kind of person will this suit?	Anyone who is interested in Textiles and Art, Craft and Design. Anyone who is interested in learning a new creative skill.
Why should you do it?	Embroidery is a traditional textile technique which is constantly being reinvented through up-and-coming artists and designers.
Can I do it all year or should I switch every term?	Yes! You can do this all year round
Will I need any special equipment or kit?	None needed
What is the maximum number of students allowed?	15
Will it cost me anything?	FREE
Who should I speak to if I am unsure?	Miss Green
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



ENSEMBLE CLUB

What will you be doing every week?	You will be developing skills on your instrument and performing alongside other musicians to produce a variety of ensemble performances.
What kind of person will this suit?	Students who play an instrument and would like to experience rehearsing and performing with others a range of contemporary music.
Why should you do it?	To develop your instrumental skills and it is really fun and rewarding when working together as a team to produce an arranged piece of music.
Can I do it all year or should I switch every term?	Yes! You can do this all year round.
Will I need any special equipment or kit?	If you have an instrument bring it along. We have different instruments, drums, amplifiers within the department you can use.
What is the maximum number of students allowed?	15
Will it cost me anything?	FREE
Who should I speak to if I am unsure?	Mr Hallam/Miss Kissick/Mrs Stefanczyk
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



ENVIRONMENTAL CLUB

What will you be doing every week?	Spreading awareness of how we can sustain the environment, use recycling materials to display resourcefulness and creativity, promoting internal recycling competition.
What kind of person will this suit?	The environmental club is suitable for students who would want to find creative ways to make a difference/raise awareness.
Why should you do it?	Empower students to participate and take up meaningful environmental activities and projects.
Can I do it all year or should I switch every term?	Switch every term.
Will I need any special equipment or kit?	No you will not need any special equipment.
What is the maximum number of students allowed?	15-20 students
Will it cost me anything?	Free of cost.
Who should I speak to if I am unsure?	Ms. McLeod and Mr. Binns
Can this count towards my DofE Award?	Yes, this can count as your VOLUNTEERING section



EQUALITY & DIVERSITY CLUB

What will you be doing every week?	Each week we will be working on a task that improves inclusion within the school or a project that we have decided on together.
What kind of person will this suit?	Anyone who is interested in making the school more inclusive, anyone with opinions on projects we could do that will improve the school environment and likes group/teamwork.
Why should you do it?	It is important that school is a place where everyone feels safe and included. In this club we can play a part in making these improvements.
Can I do it all year or should I switch every term?	Yes! You can do this all year round.
Will I need any special equipment or kit?	No, just yourself, a positive attitude and any ideas you have.
What is the maximum number of students allowed?	25
Will it cost me anything?	FREE
Who should I speak to if I am unsure?	Miss O'Loughlin
Can this count towards my DofE Award?	Yes, this can count as your VOLUNTEERING section

Equality and Diversity at Aylesbury Vale Academy

At the Aylesbury Vale Academy we are not all the same.

We choose to respect and accept our differences and celebrate our uniqueness.

We work together to help each other succeed.



Developed by Aylesbury Vale Academy's Equality and Diversity Group



BTEC eSPORTS

What will you be doing every week?	<p>Ever wanted to be a part of Esports - one of the fastest growing industries in the world? Now is your chance! You will be completing a Level 2 BTEC in eSports, this course is assessed as 100% coursework. You will cover the following units</p> <ul style="list-style-type: none"> Unit 1: Esports Games, Teams and Tournaments - You will investigate different genres of esports games and the professional teams that play them. You will study the online and live tournaments and leagues in which these esports team compete. Unit 2: Establishing an Esports Organisation - You will investigate different types of global sports organisations; you will create a brand for an esports organisation as well as a plan to promote their chosen brand. <p>To gain experience of the competitive world eSport we hope to give students the opportunity to take part in British Esports Student Champs. This is a series of exciting competitive video gaming competitions run by the British eSports Association for students aged 12+ in schools and colleges across the UK. We hope to enter offer students the opportunity to play League of Legends competitively. Please be aware the competitive play element will take place from 4pm to 5pm. Parents of students taking part in this activity will be given further details when we start in September.</p>
What kind of person will this suit?	<p>This club is designed for students who want to develop a range of skills within the esports and related industries. The students will have a keen interest in gaming competitively and ideally have experience in playing League of Legends.</p> <p>As students are completing a BTEC qualification we will be selecting students which apply who have strong English and Maths skills. We will also take into consideration their behaviour record.</p>
Why should you do it?	You will learn about the eSport industry and hopefully get to compete in the British Esports Student Champs competition.
Can I do it all year or should I switch every term?	You will complete the course over one year.
Will I need any special equipment or kit?	No special equipment or kit is needed.
What is the maximum number of students allowed?	20
Will it cost me anything?	There is no cost involved.
Who should I speak to if I am unsure?	Mr Cort in E0111
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



FIGHTKLUB

What will you be doing every week?	Box Fit is a high intensity fun workout that which makes working out fun. It is a workout built around punching and kicking a freestanding punch bag whilst keeping in time with the high energy music.
What kind of person will this suit?	This workout is suitable for both boys and girls who want to try something different and focus on enjoyment and confidence boosting.
Why should you do it?	Opportunity to make new friends and challenge yourself. This will help develop your physical and mental well-being- also a perfect opportunity for stress relief.
Can I do it all year or should I switch every term?	Yes! You can do this all year round
Will I need any special equipment or kit?	You will need your AVA PE kit. A water bottle is good idea.
What is the maximum number of students allowed?	25
Will it cost me anything?	FREE
Who should I speak to if I am unsure?	Anyone in the PE department
Can this count towards my DofE Award?	Yes, this can count as your PHYSICAL section



FILM AND HISTORY

What will you be doing every week?	<p>You will study different portrayals of history through Films, such as Elizabeth, Valkyrie and The Darkest Hour. The focus will be on understanding their accuracy to the past, why directors don't always stick to the history and just enjoying them for their own sake. Be prepared to watch and learn and see film and history in a different way.</p> <p>Did you know that in The Darkest Hour, the scene where Winston Churchill chats to people on the tube was completely made up? He never even went on the underground in his whole life!</p>
What kind of person will this suit?	You have to be prepared to watch and observe, to think about what is on the screen and make judgements as well. If you are currently doing History or you have an interest in History then this is ideal for you.
Why should you do it?	<p>Learn to spot the cheats in films, understand the inaccuracies and be able to say why they are there. If you're interested, then why not?</p> <p>For instance, why do William Wallace's men wear blue dye on their faces in Braveheart? The Celts from much earlier times used to put warpaint on like this, so why is this in the film? Come along to find out and more.</p>
Can I do it all year or should I switch every term?	Yes! You can do this all year round
Will I need any special equipment or kit?	None needed
What is the maximum number of students allowed?	25
Will it cost me anything?	FREE
Who should I speak to if I am unsure?	Mr Ramsbottom



FIRST NEWS FYI NEWS CLUB

What will you be doing every week?	Watching a news programme created for schools and then debating the topics it has explored. Time allowing there will also be a Kahoot news quiz at the end of the session.
What kind of person will this suit?	Year 9 and Year 10 students who are interested in the world around them and are inquisitive, opinionated, enjoy discussion, are open to hearing other people's points of view and engaging positively with them.
Why should you do it?	As Librarian I support students in their learning, and I believe this activity will broaden your knowledge of the world and give you a forum to positively express and discuss your opinions.
Can I do it all year or should I switch every term?	All year. New programmes are created each week which will feature topical news items.
Will I need any special equipment or kit?	Mobile phone (to participate in interactive Kahoot quizzes)
What is the maximum number of students allowed?	30
Will it cost me anything?	No (other than a tiny bit of data on your phone if you participate in the Kahoot quizzes)
Who should I speak to if I am unsure?	Mr Cluett (Librarian)
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



FITNESS (GYM)

What will you be doing every week?	You will have access to the equipment in the gym suite to complete an exercise programme or different challenges each week.
What kind of person will this suit?	Anyone who is interested in keeping fit or needs help to design their own fitness programme.
Why should you do it?	Using the gym suite is a perfect way to keep active and contribute to a healthy active lifestyle.
Can I do it all year or should I switch every term?	Yes! You can do this all year round.
Will I need any special equipment or kit?	You will need your AVA PE kit. A water bottle is good idea.
What is the maximum number of students allowed?	15
Will it cost me anything?	FREE
Who should I speak to if I am unsure?	Anyone in the PE department
Can this count towards my DofE Award?	Yes, this can count as your PHYSICAL section



FOOTBALL

What will you be doing every week?	You will complete a range of football drills and isolated practices with the aim to develop and improve a variety of skills.
What kind of person will this suit?	Anyone who wishes to represent the school team must select Football as an option in order to be considered for the team. Football enthusiasts and those looking to develop.
Why should you do it?	Biggest sport in the world and is a great way to develop co-ordination and team work.
Can I do it all year or should I switch every term?	Yes! You can do this all year round.
Will I need any special equipment or kit?	Shin pads and football boots would be optional but recommended.
What is the maximum number of students allowed?	35
Will it cost me anything?	FREE
Who should I speak to if I am unsure?	Anyone in the PE department
Can this count towards my DofE Award?	Yes, this can count as your PHYSICAL section



FRENCH CLUB

What will you be doing every week?	Each week we will be practicing different skills. We will use different type of activities such as games, quiz, mini white board games... We will look at the culture of French speaking countries through music, films, interviews, traditional dishes We are going to focus on the different aspect of the language and particularly the impact culture has on it.
What kind of person will this suit?	Anyone doing French GCSE from Y9 to Y10 and who wants to expand their knowledge of French and the French speaking world.
Why should you do it?	If you love travelling, discovering new places and culture this is for you! We are going to dive into the French world and culture around the world.- On the French Clinic you are going to learn some fun ways to improve your skills and knowledge. -You will be able to focus specifically on what you need to work on and on particular interest around the French world. -To build your confidence in a smaller group
Can I do it all year or should I switch every term?	You should do this all year.
Will I need any special equipment or kit?	Standard school stationery.
What is the maximum number of students allowed?	25
Will it cost me anything?	FREE
Who should I speak to if I am unsure?	Ms Chony
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



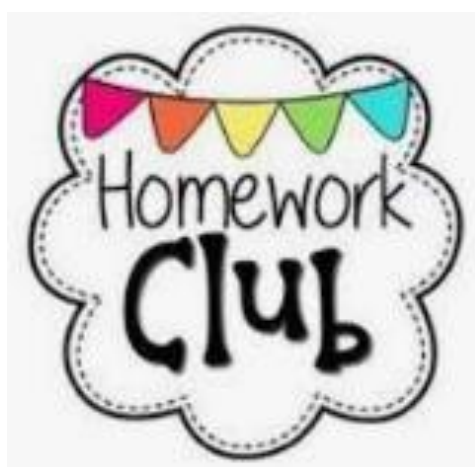
GIRLS FOOTBALL/THIS GIRL CAN

What will you be doing every week?	Learning and building new football skills, developing leadership and teamwork abilities.
What kind of person will this suit?	Someone with an interest in football. If you enjoy being active and participating in team games.
Why should you do it?	Take the opportunity to improve your ability as a football player, develop confidence and work within a team.
Can I do it all year or should I switch every term?	You could do all year or switch.
Will I need any special equipment or kit?	PE kit
What is the maximum number of students allowed?	30
Will it cost me anything?	No
Who should I speak to if I am unsure?	Miss Roberts
Can this count towards my DofE Award?	Yes, this can count as your PHYSICAL section



HOMEWORK CLUB

What will you be doing every week?	This club will offer a supportive and quiet space for students who may find it difficult, or fail to complete, their homework outside of school. Students will be able to complete their homework with a teacher available to support.
What kind of person will this suit?	Those who may fail to complete their homework on a regular basis or those who would benefit from further support with their homework
Why should you do it?	To develop good working habits and a positive attitude to home learning and to strengthen the skills involved in becoming an independent learner.
Can I do it all year or should I switch every term?	You can do this all year or switch after a term
Will I need any special equipment or kit?	Just the equipment that you will need to complete your homework
What is the maximum number of students allowed?	25
Will it cost me anything?	FREE
Who should I speak to if I am unsure?	Miss Lambourne
Can this count towards my DofE Award?	No



INDEPENDENT RESEARCH PROJECT

What will you be doing every week?	Students will choose an area of interest, set an aim and title before planning, researching and carrying out their own independent research project. As the project is independent there really is flexibility to do a project in anything that supports your own interests!!
What kind of person will this suit?	Students who want to explore others areas of interest and strengthen their independent learning and project skills.
Why should you do it?	To develop and improve your own learning and performance as inquisitive and independent students and to be inspired by new areas and/or methods of study.
Can I do it all year or should I switch every term?	You can do this all year or switch after a term
Will I need any special equipment or kit?	Just the equipment that you will need to complete your project
What is the maximum number of students allowed?	25
Will it cost me anything?	FREE
Who should I speak to if I am unsure?	Miss O'Loughlin or Mr Cooper
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



KEYBOARD CLUB

What will you be doing every week?	Learning to develop your technique and skills on a keyboard. You will be able to direct your own learning to pieces of music you want to learn, as well as music being provided for you. You will learn about chords and melody and develop right and left hand coordination playing the keyboard. You will also learn some of the more advanced features of our Yamaha Keyboards.
What kind of person will this suit?	Someone who likes playing the keyboard and who has an interest in this. You will need to be able to focus and practice for extended periods of time.
Why should you do it?	To develop your musicianship skills and appreciation. It is also rewarding and fun and helps with your cognitive ability.
Can I do it all year or should I switch every term?	You could do all year or switch.
Will I need any special equipment or kit?	No
What is the maximum number of students allowed?	15
Will it cost me anything?	No
Who should I speak to if I am unsure?	Mrs Stefanczyk/Mr Hallam
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



MARTIAL ARTS (ZKS)

What will you be doing every week?	ZKS Teen/adult classes give students a really good introduction to all the basic elements of our martial arts. They will cover three main aspects in our programme; Self defence, kick boxing and grappling.
What kind of person will this suit?	Any students with an interest in learning more about Martial Arts or wanting to improve their fitness.
Why should you do it?	<ul style="list-style-type: none"> - To master a new skill - To socialise with others - To improve your fitness
Can I do it all year or should I switch every term?	You will be able to attend until you opt out.
Will I need any special equipment or kit?	We provide all the equipment.
What is the maximum number of students allowed?	20
Will it cost me anything?	FREE
Who should I speak to if I am unsure?	Anyone in the PE department
Can this count towards my DofE Award?	Yes, this can count as your PHYSICAL section



MATHS BOARD GAME CLUB

What will you be doing every week?	You will play a range of tabletop games. This will range from traditional board games like Risk, Cluedo, Monopoly, and card games like Uno. If there is a tabletop game you like to play then bring it along and teach others!
What kind of person will this suit?	Anyone who like likes playing tabletop games.
Why should you do it?	<ul style="list-style-type: none"> - It is a great way to socialise. - Develop a range of skills essential for life. - It's fun!
Can I do it all year or should I switch every term?	This club will be available all year round.
Will I need any special equipment or kit?	None needed—but feel free to bring your own tabletop game
What is the maximum number of students allowed?	25
Will it cost me anything?	No! It is completely free.
Who should I speak to if I am unsure?	Miss Lutchi
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



MYMATHS CLUB

What will you be doing every week?	MyMaths Club provides you with the opportunity to explore maths through games and plug any individual gaps in knowledge using online resources. You can also get support with your weekly MyMaths homework.
What kind of person will this suit?	Everyone - whether you love maths or just need a bit of extra support.
Why should you do it?	It will help consolidate your understanding of mathematics and thus support your progress in the subject.
Can I do it all year or should I switch every term?	Either.
Will I need any special equipment or kit?	No
What is the maximum number of students allowed?	30
Will it cost me anything?	No
Who should I speak to if I am unsure?	Miss Lutchi
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



NETBALL

What will you be doing every week?	A variety of drills and isolated practices to develop and refine skills. There will also be an opportunity to practice positions and skills in a competitive game.
What kind of person will this suit?	Anyone who wishes to represent the school team must select Netball as an option in order to be considered for the team. Anyone interested in Netball and would like to either develop their skills or try out for the school team.
Why should you do it?	Because you want to improve your knowledge and ability in Netball or would like to represent the school at local games.
Can I do it all year or should I switch every term?	No, this club will only run during the Autumn and Winter season.
Will I need any special equipment or kit?	AVA PE kit and a positive attitude
What is the maximum number of students allowed?	35
Will it cost me anything?	No! It is completely free.
Who should I speak to if I am unsure?	Anyone in the PE Department
Can this count towards my DofE Award?	Yes, this can count as your PHYSICAL section



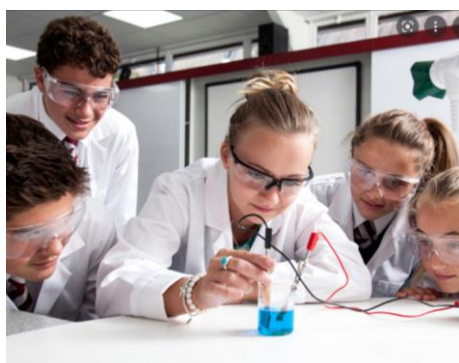
ART PAINTING TECHNIQUES

What will you be doing every week?	We will be working on painting to a different brief every few weeks, this means painting different subjects with different meanings each time. We learn how to use both acrylic and watercolour paint and try and recreate the techniques of other artists as well as develop our own.
What kind of person will this suit?	Anyone at all, expert or beginner, as long as you are willing to genuinely try your best.
Why should you do it?	Learn a new skill or improve what you already know.
Can I do it all year or should I switch every term?	You can do it all year round or change between terms.
Will I need any special equipment or kit?	All painting equipment will be provided for you but you can bring your own if you choose to.
What is the maximum number of students allowed?	15
Will it cost me anything?	No
Who should I speak to if I am unsure?	Mr Scarlett
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



PRACTICAL SCIENCE CLUB

What will you be doing every week?	Practical work focusing on the key scientific skills that you will need throughout your GCSE courses. You will be collecting data, making observations, analysing and evaluating experiments.
What kind of person will this suit?	The Practical Science Club is suitable for students who want to develop their practical skills in Science so that they can be at the top of their game when it comes to their KS4 exams. They may be thinking about taking Science subjects in 6 th Form.
Why should you do it?	It will help you gain confidence with your practical skills and enable you to lead other students when you come across these skills in your lessons.
Can I do it all year or should I switch every term?	All year if you wish.
Will I need any special equipment or kit?	No you will not need any special equipment.
What is the maximum number of students allowed?	15-20 students
Will it cost me anything?	Free of cost
Who should I speak to if I am unsure?	Mrs Kirk
Can this count towards my DofE Award?	No



ART PRINTING TECHNIQUES

What will you be doing every week?	Throughout the term, you will explore several different printing techniques, including screen, mono, lino and collagraph printing. While exploring each technique you will be creating designs for a different purpose depending on your interests, for example you could design and print a tote bag, greeting cards or postcards.
What kind of person will this suit?	This club will suit you if you are artistic and wish to learn new craft based techniques and enjoy being creative.
Why should you do it?	You will be introduced to new techniques and have the opportunity to make a product of your choice.
Can I do it all year or should I switch every term?	Yes you can work on individual projects throughout the year.
Will I need any special equipment or kit?	No all equipment is provided for you.
What is the maximum number of students allowed?	15
Will it cost me anything?	No all equipment is provided for you.
Who should I speak to if I am unsure?	Miss Dadson
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



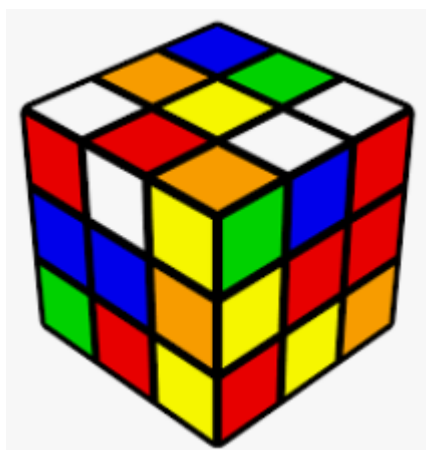
REFLECTIVE CRAFTS

What will you be doing every week?	Each week we will explore mindfulness and strategies to promote emotional well-being through craft activities and discussion in a quiet, peaceful environment. All sessions will start with a mindfulness activity and activities will include a selection of the following:- Decoration/Decoupage - Seasonal Activities - Working with wool -Theatre Make-Up - Mindful colouring. Any craft activities the group would like to suggest that is practical within a classroom setting
What kind of person will this suit?	Everyone who wants to be a part of a peaceful, craft loving group who wishes to promote personal wellness
Why should you do it?	All of us need some space to explore our emotions, learn new skills and gain a sense of belonging
Can I do it all year or should I switch every term?	You should switch as the activities are repeated termly
Will I need any special equipment or kit?	None needed
What is the maximum number of students allowed?	15
Will it cost me anything?	Free
Who should I speak to if I am unsure?	Mrs Wright or Mrs O'Callaghan
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



RUBIK'S CUBE CLUB

What will you be doing every week?	Ever wanted to be able to solve a Rubik's cube? Spent hours watching YouTube videos of people solving them while standing on one leg and yet you've still failed? Don't worry Rubik's Cube Club is here to save you!
What kind of person will this suit?	People who enjoy puzzle-solving.
Why should you do it?	It will help build your problem solving skills and give you a neat party trick.
Can I do it all year or should I switch every term?	Switch every term.
Will I need any special equipment or kit?	No
What is the maximum number of students allowed?	15
Will it cost me anything?	No
Who should I speak to if I am unsure?	Miss Lutchi
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



RUGBY

What will you be doing every week?	Introducing and developing a variety of skills required in either Tag or Contact rugby.
What kind of person will this suit?	<p>Anyone who wishes to represent the school team must select Rugby as an option in order to be considered for the team.</p> <p>Anyone with a general interest in trying a new sport, developing current ability or competing in matches against other schools.</p>
Why should you do it?	To gain confidence in a new sport or be introduced to the advanced skills not covered in PE lessons. A great opportunity to practice if you are part of the Rugby Team.
Can I do it all year or should I switch every term?	This club will only run during the Autumn and Spring.
Will I need any special equipment or kit?	AVA PE kit
What is the maximum number of students allowed?	30
Will it cost me anything?	FREE
Who should I speak to if I am unsure?	Anyone in the PE Department
Can this count towards my DofE Award?	Yes, this can count as your PHYSICAL section



SCIENCE CLUB

What will you be doing every week?	Carrying out Science experiments beyond the ones that you usually do in your Science lessons.
What kind of person will this suit?	Anyone who is interested in Science and likes experimenting.
Why should you do it?	Science experiments are good fun! They also help to develop your organisational skills and the ability to work in a logical way whilst doing something you enjoy.
Can I do it all year or should I switch every term?	Yes! You can do this all year round.
Will I need any special equipment or kit?	No you will not need any special equipment.
What is the maximum number of students allowed?	25
Will it cost me anything?	FREE
Who should I speak to if I am unsure?	Mrs Kirk
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



SINGING CLUB

What will you be doing every week?	You will be developing your singing skills as a group as well as having solo opportunities should you wish. You will be singing a range of songs from different genres including pop and Musical Theatre.
What kind of person will this suit?	Students who like singing! There are no requirements. If you love to sing come along! Someone who likes singing/performing and likes working with others and having fun using your voice.
Why should you do it?	It will develop your vocal skills and ability and your confidence. It is very rewarding when you sing with others and produce a repertoire of songs.
Can I do it all year or should I switch every term?	Yes! You can do this all year round
Will I need any special equipment or kit?	No. Just your voice!
What is the maximum number of students allowed?	15
Will it cost me anything?	FREE
Who should I speak to if I am unsure?	Mr Hallam / Miss Kissick / Mrs Stefanczyk
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



SPANISH CLUB

What will you be doing every week?	You will be involved in a range of cultural activities such as Hispanic literature, cinema or music while practicing different strategies that you need to have a great level of the language
What kind of person will this suit?	Anyone doing Spanish GCSE from Y9 to Y11 who loves travelling and is interested in culture and eager to keep learning more and more about the Hispanic world.
Why should you do it?	Spanish is the second most spoken language in the world and there are 21 countries where Spanish is the first language! These countries are spread all around the world, especially in South America, so you can get an insight of how similar we are in spite of the distance!
Can I do it all year or should I switch every term?	Yes, you can do this all year round
Will I need any special equipment or kit?	Standard school stationary.
What is the maximum number of students allowed?	25
Will it cost me anything?	FREE
Who should I speak to if I am unsure?	Ms Camacho
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



SPORTS LEADERS

What will you be doing every week?	The sessions use sport to deliver fun and engaging physical activities with other students and within the community. Students will plan, lead and evaluate sports/physical activity sessions over a number of tutored hours and then demonstrate their leadership skills as part of their assessment.
What kind of person will this suit?	Sport Ambassadors or individuals looking to pursue coaching in the future.
Why should you do it?	Students undertaking a qualification in Sports Leadership will learn and demonstrate important life skills such as effective communication and organisation whilst learning to lead basic physical activities to younger people.
Can I do it all year or should I switch every term?	Yes- in order to gain the qualification you need to complete this in a year.
Will I need any special equipment or kit?	AVA PE Kit and a water bottle is advised.
What is the maximum number of students allowed?	25
Will it cost me anything?	FREE
Who should I speak to if I am unsure?	Anyone in the PE department
Can this count towards my DofE Award?	Yes, this can count as your VOLUNTEERING or SKILLS section



**Sports
Leaders**

TEXTILES CLUB

What will you be doing every week?	Using a mixture of hand and machine joining and decorative techniques you will be designing and making a variety of textile (fabric) products
What kind of person will this suit?	Someone who is creative, patient and enjoys practical work
Why should you do it?	An opportunity to develop some skills for life. a way to channel your creativity into a physical product
Can I do it all year or should I switch every term?	You can do it all year
Will I need any special equipment or kit?	You may want to bring in your own fabric and you will need a plain white/black t-shirt for one of the projects
What is the maximum number of students allowed?	15
Will it cost me anything?	You will need to buy a white/black tshirt for one of the projects. costs will also be incurred if you want to bring your own fabric
Who should I speak to if I am unsure?	Miss Whooley
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



WINTER SCHOOL PRODUCTION

What will you be doing every week?	We will be rehearsing for the Winter School Production.
What kind of person will this suit?	People who are committed to performing, focussed, creative, good at working with others and passionate about Drama. Only those cast will be allowed to choose this an option.
Why should you do it?	To be involved in the wider school life, to have a chance to work with students in other year groups you may not otherwise work with. To experience putting on a performance with direction, costume, lighting, sound and more.
Can I do it all year or should I switch every term?	This option will only run from September - December.
Will I need any special equipment or kit?	No
What is the maximum number of students allowed?	12 - Only those cast will be allowed to choose this an option.
Will it cost me anything?	No
Who should I speak to if I am unsure?	Mrs Finnie Mrs Brooks Mrs Convery
Can this count towards my DofE Award?	Yes, this can count as your SKILLS section



VOLUNTEERING

What will you be doing every week?	<p>We have a number of different volunteering activities available within the Academy to help you achieve the volunteering section of your DofE Award or if you are keen to help out in your school community.</p> <p>Primary Berrycare (Mon-Fri) - help the Berrycare leaders set up the equipment for the afterschool club and support them in helping with the younger children.</p> <p>PE Volunteering: Assisting the PE teacher in charge and helping with setting up and tidying away the equipment</p> <p>School Community: Litter Picking / Bottle Recycling (Mon-Thurs)</p>
What kind of person will this suit?	Someone who is completing their DofE award or who is keen to support
Why should you do it?	<p>Volunteering is a mandatory section in the DofE award.</p> <p>Volunteering gives students the chance to help others and also develops their own soft skills. Volunteering can boost your university or college application as you are showing that you are proactive, reliable, enthusiastic and committed to community service.</p>
Can I do it all year or should I switch every term?	Autumn term only although different volunteering options will be available throughout the year
Will I need any special equipment or kit?	For PE volunteering, you will need your AVA PE kit. A water bottle is good idea.
What is the maximum number of students allowed?	Different for each option.
Will it cost me anything?	FREE
Who should I speak to if I am unsure?	Miss Lambourne / Anyone in the PE department
Can this count towards my DofE Award?	Yes, this can count as your VOLUNTEERING section

ZUMBA DANCE CLUB

What will you be doing every week?	You will take part in a group exercise to improve fitness and make new friends. You will explore different music and moves to come up with exciting routines.
What kind of person will this suit?	Anyone who is interested in dance, music, keeping fit and making friends.
Why should you do it?	Zumba is a great way to keep active, try something new and exercise with friends.
Can I do it all year or should I switch every term?	Yes! You can do this all year round.
Will I need any special equipment or kit?	AVA PE kit
What is the maximum number of students allowed?	15
Will it cost me anything?	FREE
Who should I speak to if I am unsure?	Anyone in the PE department or Mrs Crumpton who leads the workouts
Can this count towards my DofE Award?	Yes, this can count as your PHYSICAL section



DUKE OF EDINBURGH'S AWARD

What will you be doing every week?

DofE students will need to complete 4 sections overall for the full award. These 4 sections are Volunteering, Physical, Skills and an Expedition. There are opportunities to complete the Volunteering, Physical and Skills sections through activities available throughout this brochure or you can use activities that you attend outside of school. The expedition section will be organised for you.

Below are the timescales for each section for Bronze:

BRONZE		SILVER	
Volunteering 3 months	PLUS a further 3 months in the Volunteering, Physical or Skills section.	Volunteering 6 months	Direct entrants must do a further 6 months in the Volunteering or the longer of the Physical or Skills sections.
Physical 3 months		Physical one section for 6 months, the other for 3 months	
Skills 3 months		Skills one section for 6 months, the other for 3 months	
Expedition 2 days 1 night		Expedition 3 days 2 nights	

What kind of person will this suit?

The DofE Award is for all students and you can select your own activities to suit your interests or try something completely new!

Why should you do it?

To increase your self-confidence and work as part of a team. To enjoy the outdoors and adds a great addition to post-16, college and job applications in the future.

Can I do it all year or should I switch every term?

Yes! You will need to dedicate yourself for the full year.

Will I need any special equipment or kit?

For expeditions there will be kit required which can be hired, if needed.

What is the maximum number of students allowed?

30

Will it cost me anything?

Bronze Award - £70 / Silver - £100

Who should I speak to if I am unsure?

Miss Lambourne



FREQUENTLY ASKED QUESTIONS

Can I change an activity if I don't like it?

Yes you can but we recommend that you think about why you chose the activity in the first place and try to give it a chance. If you absolutely cannot continue then speak to Miss Lambourne or the Achievement Director for your year group.

What if I can't pay for the activity?

We are asking for a voluntary contribution for some activities to cover the cost of ingredients or materials but if you cannot afford to pay then you will still be able to attend.

How do I choose my enrichment activities?

Follow the instructions on Page 2 of this booklet. If you still have questions, speak to Miss Lambourne, your achievement director or your form tutor.

What if what I want to do is not one of the options?

If you think there is another activity that students would be interested in, suggest it and we will see if we can run it! We can't promise it will run but we will try and it will help us for future planning!

What if I get a detention?

Hopefully this will not happen but, if it does, one of the following things will happen: a) you will miss lesson 6 and an activity you really enjoy b) you will have a detention from 3pm - 4pm. Only you can avoid this happening. or c) you will get a detention from 4pm-5pm. It will depend on why you get the detention

What if I have a sports fixture on the day I have an enrichment activity?

You should go to the sports fixture; your team are relying on you. Just let the teacher who runs your activity know that you will not be there.

What is expected of me?

We expect you to choose something that you will enjoy and get a lot out of. We have the same expectations of behaviour and attitudes to learning as any other lesson, therefore, the same school expectations apply.