

Extra-Curricular Sports Clubs Sept 2023: 3 - 4pm

After School				
Monday	Netball All Years ORO/AHA	Football girls All Years MBA/QAB	Badminton 7 + 8 NWK	
Tuesday	Basketball 7 & 8 AHA/MBA	Football 9 & 10 NWK/QAB	Invasion Games 7 & 8 MLO	Gym 9 & 10 ORO
Wednesday	Basketball 9 & 10 AHA/MLO	Football 7 & 8 (Boys) MBA/QAB	Invasion Games 9 & 10 NWK	Gym 12 & 13 NAT/CFL/ORO
Thursday		Fixtures/Staff Meetings		

What is Invasion Games?

These sports include Handball, Hockey, Rugby. These sports are great for developing both attacking and defending skills and techniques.

Winter Term Sports Clubs:

- **Football**
- **Netball**
- **Basketball**
- **Badminton**

Changing rooms:

Yr 10 Cr1&2

Yr 9 Cr 3&4

Yr 8 Ca1&2

Yr 7 Ca3&4

Lunch Clubs:

	7,8 (Sports hall)	9,10,11 (Sports hall)	Break (Outside)
Monday	Futsal NWK	Table tennis MLO	Table tennis 9, 10, 11 ORO
Tuesday	Table tennis ORO	Futsal MBA	Table tennis 7, 8 NWK
Wednesday	Basketball AHA	Table tennis NWK	Table tennis 9, 10, 11 MLO/QAB
Thursday	Table tennis QAB	Basketball ORO	Table tennis 7, 8 AHA
Friday	Futsal MLO	Table tennis AHA	Table tennis 11, 12, 13 MBA

Lunch Clubs:

Lunch clubs run from 1.25 - 1.50. Students are required to wear trainers to participate in activities. Food and drink must not be consumed in the sports hall.

Spaces will be given on a first come, first serve basis.

Break time Clubs:

We are fortunate enough to have 3 new outdoor table tennis tables for students to use at break and lunch. We ask that students are respectful towards the new equipment at all times.